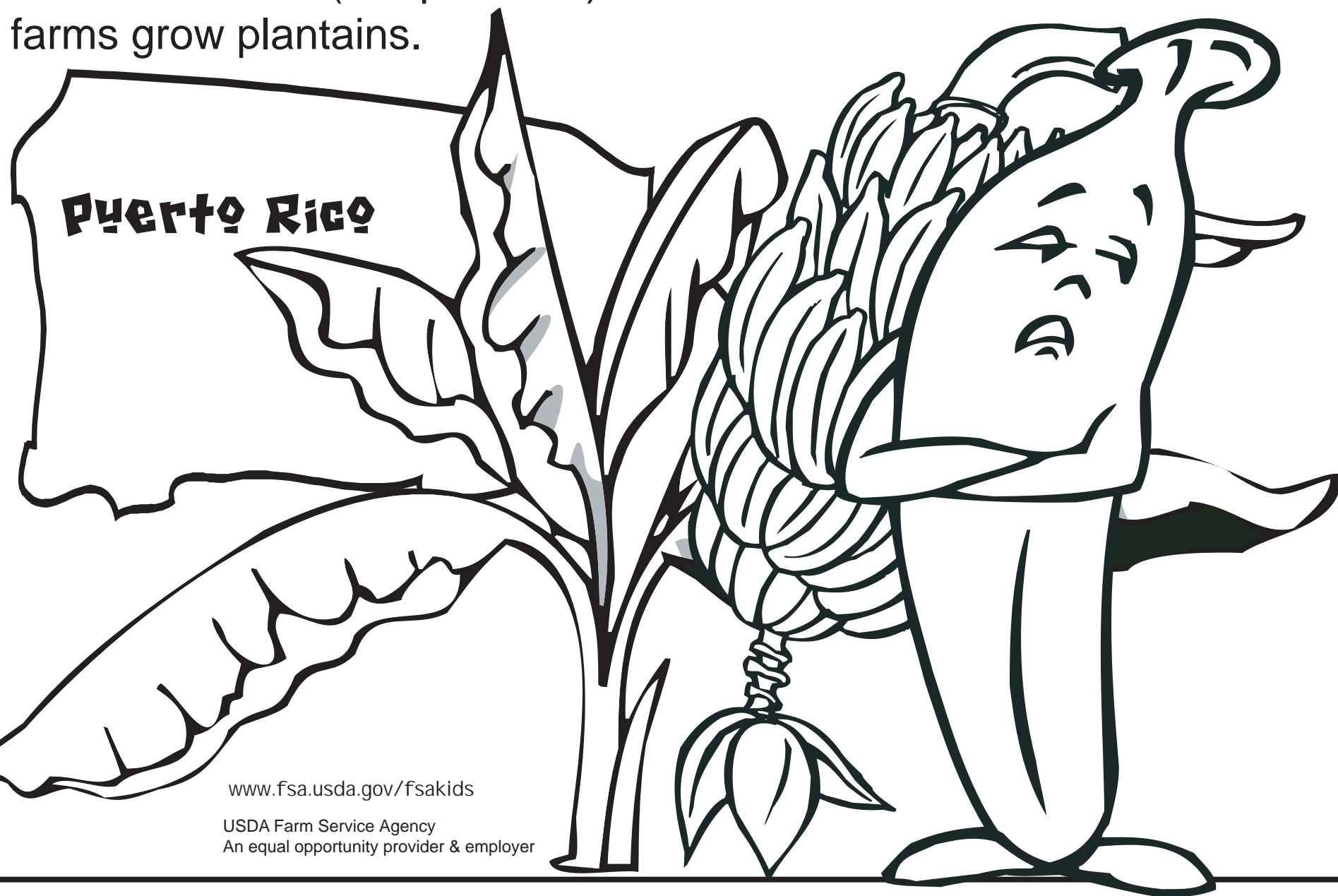


Plantains are an important crop in the Commonwealth of Puerto Rico. They are starchy cooking bananas that cannot be eaten raw - they must be cooked (like potatoes). About one-third of all Puerto Rican farms grow plantains.



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